

## Directions to Pro Motion Physical Therapy

Our office is conveniently located in the Maryland Farms area of Brentwood.

The best entrance to access our suite is from the sidewalk between buildings 12 and 10 (these are the two buildings you see when you enter from Ward Circle). 2-hour parking is available in the parking area closest to the sidewalk.

### Handicapped Access to 10 Cadillac Drive

Handicapped parking and the handicapped entrance to our building are located at the main entrance on the east side of the building.



Pro Motion Physical Therapy  
10 Cadillac Drive Suite 160  
Brentwood, TN 37027

Phone: 615-373-5020

### From Nashville and Points North:

Take 65 South to Old Hickory Blvd. West (exit 74B). Turn left at the light for East Park Drive. When that road dead ends, turn right onto Maryland Way. Just past the YMCA (on the left) turn right on Ward Circle. You will now see our building directly in front of you (the #10 is on the top right corner of the building). To get into the parking lot, turn left onto Peter Taylor Park Drive and take the first right into the parking lot.

### From Cool Springs and Points South:

Take 65 North to Old Hickory Blvd. West (exit 74B). Turn left at the light for East Park Drive. When that road dead ends, turn right onto Maryland Way. Just past the YMCA (on the left) turn right on Ward Circle. You will now see our building directly in front of you (the #10 is on the top right corner of the building). To get into the parking lot, turn left onto Peter Taylor Park Drive and take the first right into the parking lot.

### From Green Hills:

Take Hillsboro Road South to the light at Old Hickory Blvd and turn left. Go a few miles and turn right at the light for Granny White Pike. At the first light turn left onto Maryland Way. At the light for the **SECOND** Ward Circle turn left (if you come to the YMCA you have gone too far). You will now see our building directly in front of you (the #10 is on the top right corner of the building). To get into the parking lot, turn left onto Peter Taylor Park Drive and take the first right into the parking lot.